

## **Title of the practice**

Tobacco Cessation Centre (TCC).

## **Objective of the practice**

1. To counsel the patient about the ill effects of tobacco.
2. To give every possible opportunity to the patients to help stop their deleterious habits.

## **The context**

The TCC has been established as per the DCI guidelines. Considering the increasing incidence of oral cancers especially in patients with tobacco habit, the Govt of India through Ministry of Health and Family Welfare has directed all medical and allied teaching institutes to establish a functional TCC.

## **The practice uniqueness and limitations**

The uniqueness lies in the fact that through personal interaction and regular follow up with the patients an attempt is being made to help in cessation of the tobacco use. The person is informed of all the ill effects of tobacco and guided as to how to go about in stopping the habit.

## **Evidence of success**

Since the cell has been established only this year, it is too early to collect evidence to assess the success of the centre.

## **Problems encountered**

Most individuals with the habit are not willing to quit it and convincing them is a major challenge.

## **Best Practices:**

### **1. Title of Practice**

CDE programs, Hands on workshops, and NEET oriented Lectures for interns.

### **2. Objective of the practice**

The objective of NEET oriented lectures for interns is to motivate interns and to guide the aspirants who are looking to crack NEET PG to get admission into MDS Courses.

The main benefit of organizing CDE and clinical demo classes is to provide students with the opportunity to get additional clinical experience and to get a thorough understanding of the subject.

### **3. The context**

In these seminars the important aspects about the Entrance exam are discussed, the general tips to crack the exam, selection process, paper pattern, Marking Scheme and Subjects to be focused. The aspirants who want to crack the exam should know the importance of setting goal with pre-planning and its execution.

This various classes organized throughout the year featured different sessions on various topics like Prosthodontics, Orthodontics, Oral surgery, periodontics, Endodontics and Pedodontics. Students were very much excited with the twist and turns in the exam pattern. They were extremely interactive session, where students came forward to converse and clarify their doubts. This seminar provided helpful insights to students for acquiring their maximum potential

### **4. The practice uniqueness and limitations :**

The uniqueness of this practice lies in the fact that these lectures motivates students and inculcate a culture of competition among themselves to strive harder for success in entrance exam.

### **5. Evidence of success**

It has been observed that orientation classes, lectures and Demonstration classes opens new horizon for discussion and provide magnificent platform for students to discuss their doubts and understand the difficult topics.

### **6. Problems encountered**

Problems like availability of interns and staff from hectic patient schedule during OPD hours and also adjustment of timings of Lectures so that routine lectures are not disturbed.